





**2 week sample schedule**  
**BLISS General Program**  
**England**



	Morning	Afternoon	Evening
	Wednesday Arrivals and Departures		
Thursday	English Class	Welfare intro + ice breakers	Orientation Scavenger Hunt + Sports
Friday	English Class	Dodgeball + Arts and Crafts	Team Quiz + Team Rounders
Saturday and Sunday	Full day trips		Movie Night + sports
Monday	English Class	Pool + baking or sports	Talent Show
Tuesday	English Class	Music. drama and art or sports	Disco
Wednesday	English Class	Pool + tennis + arts	Team sports

This is a sample timetable and is subject to change based on location, weather and other circumstances

	Morning	Afternoon	Evening
 <b>BLISS</b>	Wednesday Arrivals and Departures		
Thursday	English Class	Football + Tennis	Orientation Scavenger Hunt + Sports
Friday	English Class	Dodgeball + Arts and Crafts	Team Quiz + Team Rounders
Saturday and Sunday	1 Full Day Trip / Full day of Activities		Pool + sports
Monday	English Class	Pool + baking or sports	Talent Show
Tuesday	English Class	Music, drama and art or sports	Disco
Wednesday	Wednesday Arrivals and Departures		

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# Excursions

**London** is an incredible city for students, with plenty of things to enjoy. Walking along the South Bank offers amazing views of landmarks like Big Ben, the London Eye, and Tower Bridge. You can explore world-class museums including the British Museum, the Natural History Museum, and the Science Museum. Camden Market and Covent Garden are buzzing with street performers and unique stalls, perfect for hanging out. Parks like Hyde Park and Regent's Park are ideal for relaxing or playing games. With its mix of culture, history, and modern energy, London is exciting, inspiring, and easy to explore.



**Brighton** is a brilliant seaside location for teenagers, packed with things to do. The iconic pebble beach is perfect for chilling out with friends, skimming stones, or snapping photos by the colourful beach huts. Strolling along Brighton Pier is full of energy, with street performers and amazing sea views. The Lanes offer quirky streets to wander, full of murals and independent vibes. For a peaceful break, Preston Park and the seafront gardens are great for relaxing or playing games. Brighton's creative, youthful atmosphere makes it a fun and memorable place for teens to explore - which is why it is a summer favourite every year!



**Oxford** is a fantastic city for teenagers, with plenty of things to explore. Walking through the historic colleges and cobbled streets feels like stepping into a movie set, and many quads and courtyards are open to visitors. The Ashmolean Museum and the Museum of Natural History are both nearby and filled with fascinating collections, from ancient artefacts to dinosaur skeletons. Teens can also wander along the River Thames or enjoy a stroll through University Parks or Christchurch Meadow. With its mix of history, culture, and green spaces, Oxford offers a fun and interesting experience that's both inspiring and memorable.

