



Activities Overview

At **BLISS**, our activities programme is at the heart of the student experience, designed to be engaging, inclusive, and fully immersive in English. Every activity is carefully planned and delivered by experienced **BLISS** staff, ensuring a safe, supportive, and high-energy environment where students can thrive.

From sports and creative workshops to team challenges and evening events, each session encourages students to build confidence, develop friendships, and practise their English in real-life situations. All instructions, guidance, and interaction are conducted entirely in English, providing a natural and effective way for students to improve their language skills while having fun.

Whether on campus or out on excursions, **BLISS** activities combine learning and enjoyment, helping every student make the most of their time with us.



Let's have a look around, so you know what to expect when you join us.

In the **afternoons**, you can typically expect to have a try at:

Mixed sports (Football, Basketball, Volleyball, Tennis, Badminton, Rugby, Rounders)

Swimming (select locations please check on booking)

Arts and Crafts Projects such as friendship bracelets, illustration, drawing and photography.



Our **Social Program**, happens **every evening** onsite **across all our campuses**.

You can expect all the sports from the afternoons as well as

Musical evening performances including House Drama and Talent Shows

Quiz/ Team Games Challenge Nights

Boardgames clubs (D&D, chess etc.)

Camp fire nights (select locations)

Certificate/ Awards ceremonies

Karaoke and Discos

Aqua fun events

Just Dance

Baking





All fully supervised
by **BLISS** staff





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